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| **REGISTO DO NÃO CONSUMO ALIMENTAR** |
| **Mês: setembro** |
| **Dia** | **Sopa** | **Verduras** | **Fruta** | **Peixe** | **Carne** | **Laticínios** | **Cereais** |
| **10** | **0** | **2** | **0** | **0** | **3** | **1** | **0** |
| **13** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **14** | **2** | **1** | **0** | **0** | **1** | **1** | **0** |
| **15** | **0** | **4** | **0** | **0** | **0** | **1** | **0** |
| **16** | **0** | **1** | **0** | **0** | **1** | **1** | **0** |
| **17** | **0** | **0** | **0** | **0** | **1** | **1** | **0** |
| **20** | **0** | **1** | **0** | **0** | **1** | **1** | **0** |
| **21** | **0** | **5** | **0** | **1** | **0** | **1** | **0** |
| **22** | **1** | **5** | **0** | **0** | **2** | **1** | **0** |
| **23** | **1** | **2** | **0** | **0** | **0** | **1** | **0** |
| **24** | **1** | **1** | **0** | **0** | **2** | **1** | **0** |
| **27** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **28** | **1** | **5** | **0** | **1** | **0** | **1** | **0** |
| **29** | **2** | **2** | **0** | **1** | **0** | **1** | **0** |
| **30** | **0** | **2** | **0** | **0** | **1** | **1** | **0** |

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| **REGISTO DO NÃO CONSUMO ALIMENTAR** |
| **Mês: outubro** |
| **Dia** | **Sopa** | **Verduras** | **Fruta** | **Peixe** | **Carne** | **Laticínios** | **Cereais** |
| **1** | **0** | **4** | **0** | **4** | **0** | **1** | **0** |
| **4** | **0** | **5** | **0** | **0** | **0** | **1** | **0** |
| **6** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **7** | **0** | **3** | **0** | **4** | **5** | **1** | **0** |
| **8** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **11** | **1** | **3** | **0** | **0** | **2** | **1** | **0** |
| **12** | **0** | **1** | **0** | **0** | **1** | **1** | **0** |
| **13** | **1** | **1** | **0** | **1** | **0** | **1** | **0** |
| **14** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **15** | **1** | **2** | **0** | **0** | **0** | **1** | **0** |
| **18** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **19** | **1** | **1** | **0** | **2** | **0** | **1** | **0** |
| **20** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **21** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **22** | **1** | **3** | **0** | **0** | **0** | **1** | **0** |
| **25** | **1** | **2** | **0** | **0** | **0** | **1** | **0** |
| **26** | **1** | **0** | **0** | **0** | **0** | **1** | **0** |
| **27** | **3** | **4** | **0** | **3** | **0** | **1** | **0** |
| **28** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **29** | **0** | **4** | **0** | **0** | **0** | **1** | **0** |

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| **REGISTO DO NÃO CONSUMO ALIMENTAR** |
| **Mês: novembro** |
| **Dia** | **Alimentos** |
| **Sopa** | **Verduras** | **Fruta** | **Peixe** | **Carne** | **Laticínios** | **Cereais** |
| **2** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **3** | **0** | **1** | **0** | **1** | **0** | **1** | **0** |
| **4** | **0** | **3** | **0** | **0** | **1** | **1** | **0** |
| **5** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **8** | **0** | **1** | **0** | **0** | **1** | **1** | **0** |
| **9** | **1** | **0** | **0** | **0** | **1** | **1** | **0** |
| **10** | **1** | **1** | **0** | **2** | **0** | **1** | **0** |
| **11** | **0** | **3** | **0** | **0** | **0** | **1** | **0** |
| **12** | **0** | **0** | **0** | **2** | **0** | **1** | **0** |
| **15** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **16** | **0** | **0** | **0** | **0** | **1** | **1** | **0** |
| **17** | **0** | **2** | **0** | **1** | **0** | **1** | **0** |
| **18** | **0** | **1** | **0** | **0** | **2** | **1** | **0** |
| **19** | **0** | **0** | **0** | **0** | **1** | **1** | **0** |
| **22** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **23** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **24** | **1** | **3** | **0** | **1** | **0** | **1** | **0** |
| **25** | **0** | **3** | **0** | **0** | **0** | **1** | **0** |
| **26** | **0** | **0** | **0** | **0** | **2** | **1** | **0** |
| **29** | **0** | **1** | **0** | **0** | **1** | **1** | **0** |
| **30** | **0** | **3** | **0** | **0** | **1** | **1** | **0** |

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| **REGISTO DO NÃO CONSUMO ALIMENTAR** |
| **Mês: dezembro** |
| **Dia** | **Alimentos** |
| **Sopa** | **Verduras** | **Fruta** | **Peixe** | **Carne** | **Laticínios** | **Cereais** |
| **2** | **0** | **1** | **0** | **0** | **0** | **0** | **0** |
| **3** | **0** | **1** | **0** | **0** | **0** | **0** | **0** |
| **6** | **0** | **1** | **0** | **0** | **0** | **0** | **0** |
| **7** | **1** | **2** | **0** | **0** | **0** | **0** | **0** |
| **9** | **0** | **2** | **0** | **0** | **0** | **0** | **0** |
| **10** | **0** | **0** | **0** | **0** | **0** | **0** | **0** |
| **13** | **1** | **1** | **0** | **0** | **1** | **0** | **0** |
| **14** | **0** | **2** | **0** | **1** | **0** | **0** | **0** |
| **15** | **0** | **3** | **0** | **0** | **0** | **0** | **0** |
| **16** | **0** | **0** | **0** | **0** | **0** | **0** | **0** |
| **17** | **0** | **0** | **0** | **0** | **0** | **0** | **0** |

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| **REGISTO DO NÃO CONSUMO ALIMENTAR** |
| **Mês: janeiro** |
| **Dia** | **Alimentos** |
| **Sopa** | **Verduras** | **Fruta** | **Peixe** | **Carne** | **Laticínios** | **Cereais** |
| **3** | **0** | **0** | **0** | **0** | **1** | **1** | **0** |
| **4** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **5** | **0** | **2** | **0** | **0** | **2** | **1** | **0** |
| **6** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **7** | **0** | **0** | **0** | **2** | **1** | **1** | **0** |
| **10** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **11** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **12** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **13** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **14** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **17** | **0** | **3** | **0** | **0** | **3** | **1** | **0** |
| **18** | **0** | **2** | **0** | **1** | **0** | **1** | **0** |
| **19** | **2** | **2** | **0** | **0** | **0** | **1** | **0** |
| **20** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **21** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **24** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **25** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **26** | **1** | **1** | **0** | **0** | **0** | **1** | **0** |
| **27** | **0** | **0** | **0** | **0** | **1** | **1** | **0** |
| **28** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **31** | **0** | **1** | **0** | **0** | **1** | **1** | **0** |

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| **REGISTO DO NÃO CONSUMO ALIMENTAR** |
| **Mês: fevereiro** |
| **Dia** | **Alimentos** |
| **Sopa** | **Verduras** | **Fruta** | **Peixe** | **Carne** | **Laticínios** | **Cereais** |
| **1** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **2** | **0** | **3** | **0** | **0** | **0** | **1** | **0** |
| **3** | **1** | **1** | **0** | **1** | **0** | **1** | **0** |
| **4** | **1** | **1** | **0** | **0** | **0** | **1** | **0** |
| **7** | **0** | **3** | **0** | **0** | **0** | **1** | **0** |
| **8** | **0** | **1** | **0** | **0** | **1** | **1** | **0** |
| **9** | **0** | **2** | **0** | **1** | **0** | **1** | **0** |
| **10** | **0** | **3** | **0** | **0** | **0** | **1** | **0** |
| **11** | **0** | **0** | **0** | **1** | **0** | **1** | **0** |
| **14** | **0** | **1** | **0** | **0** | **1** | **1** | **0** |
| **15** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **16** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **17** | **0** | **1** | **0** | **1** | **0** | **1** | **0** |
| **18** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **21** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **22** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **23** | **1** | **3** | **0** | **1** | **0** | **1** | **0** |
| **24** | **1** | **0** | **0** | **0** | **0** | **1** | **0** |
| **25** | **0** | **1** | **0** | **0** | **1** | **1** | **0** |

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| **REGISTO DO NÃO CONSUMO ALIMENTAR** |
| **Mês: março** |
| **Dia** | **Alimentos** |
| **Sopa** | **Verduras** | **Fruta** | **Peixe** | **Carne** | **Laticínios** | **Cereais** |
| **3** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **4** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **7** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **8** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **9** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **10** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **11** | **3** | **3** | **0** | **0** | **0** | **1** | **0** |
| **14** | **0** | **3** | **0** | **0** | **0** | **1** | **0** |
| **15** | **1** | **2** | **0** | **0** | **0** | **1** | **0** |
| **16** | **0** | **3** | **0** | **0** | **0** | **1** | **0** |
| **17** | **0** | **1** | **0** | **0** | **0** | **1** | **0** |
| **18** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **21** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **22** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |
| **23** | **0** | **3** | **0** | **0** | **0** | **1** | **0** |
| **24** | **0** | **2** | **0** | **0** | **1** | **1** | **0** |
| **25** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **28** | **0** | **4** | **0** | **0** | **2** | **1** | **0** |
| **29** | **0** | **2** | **0** | **0** | **0** | **1** | **0** |
| **30** | **1** | **5** | **0** | **0** | **0** | **1** | **0** |
| **31** | **1** | **0** | **0** | **0** | **1** | **1** | **0** |
| **1 de abril** | **0** | **0** | **0** | **0** | **0** | **1** | **0** |